# Misophonia Book Interview – Couples and Misophonia

The following is an interview for a book by Shaylynn Hayes-Raymond and will be published by Imperceptions Press. All rights for this book will go to Imperceptions Press and Shaylynn Hayes-Raymond. Filling out this interview does not guarantee that it will be published. All responses may be edited for grammatic structure and clarity. All submissions that are accepted will receive a free digital copy of the published final product. Your email address supplied will be the one used to email you your free copy. You may share this ebook with your spouse or close friends/relatives.

Please answer in as much length as you would like, in sentence form. Bullet form entries may lead to the interview being rejected for the book. This interview is meant for either the person with Misophonia, or the partner of a person with Misophonia.

## What is your name?

## How would you like your name printed? (Full name, anonymous, first name only)

## How old are you?

## What is your sex/gender? (If you prefer not to answer that is fine).

## Do you have Misophonia or does your partner?

## Are you married or in a relationship?

## How long have you been married?

## How long have you been with your partner?

## Are you divorced or separated (or have been)?

## Do you feel like Misophonia impacts this relationship, and if so, how?

## Do you trigger your partner, or are you triggered by your partner?

## What sounds or movements are you or your partner triggered by?

## Do you and your partner fight over Misophonia?

## Have you considered leaving your partner because of Misophonia? Or have you left a partner (or been left) due to it?

## How do you normally cope with Misophonia as a couple?

## Do you share a bed with your partner?

## On a scale of 1-10 (1 being not at all, and 10 being very bad), how bad would you say you or your partner’s Misophonia is?

## On a scale of 1-10 (1 being not at all, and being very much), what is the impact that Misophonia has on your relationship?

## Is there anything you would like to say about Misophonia and relationships that was not asked?

Please note, submitting this form means you consent to be published in the upcoming Misophonia book on Misophonia and marriage (or long-term relationships)